



The Rotary Club Of Denver Southeast
Rotary District 5450
Rotarians for Mental Health

14th State of the State Luncheon Mental Health Symposium – Youth Mental Health Crisis

- Thursday, March 10, Hyatt Regency Denver Tech Center, 7800 E Tufts Avenue, Denver, Ground Floor
- Free and Open to the Public, Optional Registration for the Symposium at [here](#)
- Presented by Rotarians for Mental Health, **R4MH**, in conjunction with Rotary District 5450 State of the State Luncheon presented by the Rotary Club of Denver Southeast

Last May, Children's Hospital declared that Youth Mental Health was in a **State of Emergency**. Suicide has become the leading cause of death for Colorado's children. The pandemic has created chronic stress that has interrupted their development. Our kids are mostly back in school ... for now ... but we have not given them adequate resources to catch up, resume their education and excel ... they're stressed by the continuing mask controversy ... and now Omicron is presenting new challenges. Rotarians can help our youth deal with these challenges.

8:30 – 9:00 am – Hotel Ground Floor – Coffee & Conversation

9:00 am – 10:05 am

Wind Star A – Talking to Teens About Mental Health: How Having the Conversation Can Benefit Teens, Adults & Communities - Kari Eckert, Robbie's Hope Foundation, Executive Director and Robbie's Mom, ([Robbie's Hope](#))

Wind Star B – Question, Persuade, Refer: Preventing Youth Suicide - Sam Taylor, LCSW, Jefferson Center for Mental Health, Manager of Community Engagement ([Jefferson Center](#))

Highlands Amphitheatre – Youth in Recovery: Panel of Young Adults Talk About Their Lived Experiences as Teens and Later Recovery - Moderated by Trina Faatz, MA, Program Founder/Director ([Reach Out for Change](#))

10:05 am – 10:25 am – Hotel Ground Floor – Coffee & Conversation

10:25 am – 11:30 am

Wind Star A – When it Doesn't Go Away: Trauma, Our Students and Our Classrooms - Tara Butler, MS-Curriculum/Instruction & Special Education, Mental Health Center of Denver, Skyline Day Treatment School, Special Education Director ([MHCD](#))

Wind Star B – Youth Suicide Risk and Youth Driven Mitigation Techniques – Erin Ralston, LPC, Aurora Mental Health Center, Director of Access, Residential and Homeless Services and Suicide Prevention Coordinator ([AuMHC](#))

Highlands Amphitheatre – Next Steps for the Adolescent Marijuana Epidemic - Christian Thurstone, MD, Denver Health and University of Colorado School of Medicine ([Dr. Thurstone](#))

11:30 am – End of Symposium – if you registered for the Luncheon, please check-in

Content Sponsors

- Robbie's Hope
- Jefferson Center for Mental Health
- Youth in Recovery
- Mental Health Center of Denver
- Aurora Mental Health Center
- Denver Health and University of Colorado School of Medicine

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